



The Problem

America spends more money (more than double in most cases) on healthcare than any other industrialized nation, yet we are quite unhealthy by comparison.

U.S. companies combined spend more on Health Insurance than they make in total profits. For most organizations, health care costs rank second behind salaries as the biggest expenses of doing business.

For each dollar spent on health insurance, three more dollars are lost in profits or extra expenses due to lost productivity.

Over 60% of Americans are overweight or obese leading to a doubling of the prevalence of diabetes in the last quarter century.

The average calorie consumption per meal increased from 500 to more than 1000 over the past 25 years with no compensating increase in exercise.

Many of our poor health habits are aided by where and how we work. Seventy percent of our health failings are driven by our life and work styles.

The Opportunity

Successful wellness programs have reduced health plan costs, sick time and workers compensation by well over 25%.

Successful wellness programs easily achieve a Return On Investment of 6 to 1.

Organizations with the healthiest workforces are the most effective.

About Health At Work

We provide complete health and wellness solutions for large employers. Our approach combines hard clinical and actuarial science, an empathetic application of behavior change programs and a fun way for members to stay involved.

We Guarantee

- ⌘ Improved health and satisfaction for employees
- ⌘ Reduced costs, increased productivity and reduced turnover for employers

Our Services

- ⌘ Transforming work environments into healthy work spaces
- ⌘ Designing and implementing best practice wellness programs
- ⌘ Designing health and risk benefits to support wellness programs
- ⌘ Individual Employee Health and Wellness Counselling

About the Founders

Andrew Sykes is passionate about wellness and human productivity. He has worked on five continents in health insurance consulting, wellness programming and human resource management consulting. He is an actuary by training, a behavioral scientist by profession and a wellness nut. He started and ran what is now South Africa's largest health care consulting company. In the USA, Andrew worked closely with the Cooper Clinic in Dallas, designing benefit programs and consulting with employers. In Chicago, most recently he worked as the Chief Wellness Officer for a multinational wellness group and now runs Health at Work Wellness Actuaries. He speaks extensively on wellness at conferences and corporate engagements across America.

Ken Sloan has done a tour of traditional health insurance companies as a sales leader and is committed to changing environments and thinking around wellness. Before joining Health at Work, Ken was the Director of Sales for a leading wellness provider in Chicago where he helped launch new and innovative incentive-based insurance plans. Ken has been a pioneer in the world of Consumer Driven Health plans and has years of practical knowledge in structuring intelligent benefit solutions and wellness programs for employers. For the past 15 years Ken has worked in various markets throughout the country. He is committed to facilitating change for Companies to achieve their best results through productive, happy employees.